# SCHOOL BREAKFAST IN PENNSYLVANIA

# **ADAMS COUNTY**



## **County Totals**

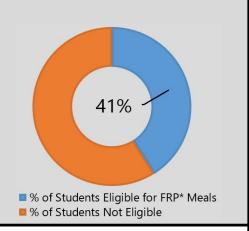
- 6 School Districts
- 23 Schools
- 21 Schools (91%) Serve Breakfast

13,198

**Total Students** 

5,372

FRP\*-Eligible Students



## Breakfast By Numbers

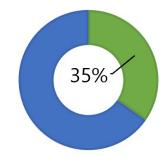
- Daily FRP\* Breakfasts
- Daily FRP\* Lunches

1,327

3.819

#### Breakfast-Lunch Ratio:

(Of all the students eating FRP\* school lunch, the percent also eating FRP\* school breakfast)



<sup>\*</sup>Free and Reduced-Price (FRP) eligibility is 185% of the poverty line and below, which for a family of four is \$46,435.

### Benefits of School Breakfast

- Better scores on standardized tests
- Better lifelong eating habits
- · Lower risk of childhood obesity
- Fewer visits to the nurse's office
- Fewer behavioral & discipline problems
- Fewer absences, tardy arrivals, and missed class time

Data from the PA Department of Education, October 2018



<sup>\*\*</sup>The "Blueprint for a Hunger-Free PA" includes a goal for PA to achieve a breakfast to lunch ratio of 60% by 2020. Food Research and Action Center (FRAC) promotes a 70% breakfast to lunch ratio goal. (See reverse for citations.)

### **School District Totals**

		Number of Schools		Number of	Average Daily Participation		Breakfast
School District	Number of Schools	Serving Breakfast	Number of Students	FRP*-Eligible Students	Breakfast	Lunch	to Lunch Ratio
Bermudian Springs	3	3	1,917	708 (37%)	174	563	31%
Conewago Valley	5	5	3,887	1,665 (43%)	304	1,023	30%
Fairfield Area	2	1	956	196 (21%)	21	133	16%
Gettysburg Area	5	5	2,836	1,424 (50%)	406	996	41%
Littlestown Area	4	3	1,916	564 (29%)	141	427	33%
Upper Adams	4	4	1,686	815 (48%)	279	671	42%

<sup>\*\*</sup>The Governor's Food Security Partnership report: "Setting the Table, A Blueprint for a Hunger-Free PA" can be found at: <a href="http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm">http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm</a>

The Food Research and Action Center's (FRAC) "School Breakfast Scorecard, 2017–2018 School Year" can be found at: <a href="http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019">http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019</a>

#### Note on Methodology:

This fact sheet only includes data for participation in the School Breakfast and National School Lunch Programs in public, non-charter schools in Pennsylvania. It does not include data for private schools, religious schools, charter schools, or alternate programs. The average daily student participation rate for October 2018 was calculated by dividing the number of free and reduced-price (FRP) breakfast and lunches served by the number of school days for that same month. The average daily FRP school breakfast participation was then compared to the average daily FRP lunch participation. School district student totals are based on data for all district schools that participate in the national school lunch program. Schools that do not have breakfast program are included as "zero" breakfasts served (and therefore impact the breakfast to lunch ratio), so long as at least one district school serves breakfast. Schools that do not participate in the national school lunch program are not included.