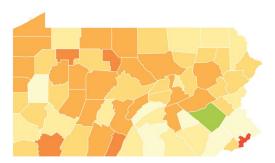
# SCHOOL BREAKFAST IN PENNSYLVANIA

# **BERKS COUNTY**



## **County Totals**

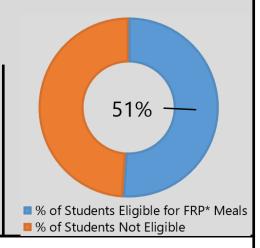
- 18 School Districts
- 105 Schools
- 103 Schools (98%) Serve Breakfast

67,810

**Total Students** 

34,900

FRP\*-Eligible Students



## Breakfast by the Numbers

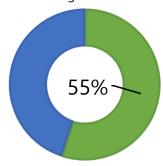
- Daily FRP\* Breakfasts
- Daily FRP\* Lunches

14,714

26,776

#### Breakfast-Lunch Ratio:

(Of all the students eating FRP\* school lunch, the percent also eating FRP\* school breakfast)



\*Free and Reduced-Price (FRP) eligibility is 185% of the poverty line and below, which for a family of four is \$46,435.

\*\*The "Blueprint for a Hunger-Free PA" includes a goal for PA to achieve a breakfast to lunch ratio of 60% by 2020. Food Research and Action Center (FRAC) promotes a 70% breakfast to lunch ratio goal. (See reverse for citations.)

### Benefits of School Breakfast

- Better scores on standardized tests
- · Better lifelong eating habits
- Lower risk of childhood obesity
- Fewer visits to the nurse's office
- Fewer behavioral & discipline problems
- · Fewer absences, tardy arrivals, and missed class time

Data from the PA Department of Education, October 2018



### **School District Totals**

School District	Number of Schools	Number of Schools Serving Breakfast	Number of Students	Number of FRP*-Eligible Students	Average Daily Par- ticipation		Breakfast
					Breakfast	Lunch	to Lunch Ratio
Antietam	3	3	1,132	605 (53%)	120	465	26%
Boyertown Area	10	10	6,547	1,757 (27%)	334	1,085	31%
Brandywine Heights	3	3	1,411	459 (33%)	86	295	29%
Conrad Weiser Area	5	5	2,621	910 (35%)	268	701	38%
Daniel Boone Area	5	5	3,536	1,018 (29%)	231	594	39%
Exeter Township	6	6	3,907	1,134 (29%)	288	794	36%
Fleetwood Area	5	5	2,458	726 (30%)	159	521	31%
Governor Mifflin	6	6	4,316	1,868 (43%)	571	1,475	39%
Hamburg Area	4	4	2,155	984 (46%)	194	730	27%
Kutztown Area	4	4	1,340	421 (31%)	78	342	23%
Muhlenberg	4	4	4,276	2,336 (55%)	966	1,923	50%
Oley Valley	3	1	1,616	495 (31%)	55	342	16%
Reading	23	23	17,615	17,615 (100%)	10,464	14,454	72%
Schuylkill Valley	3	3	2,060	619 (30%)	110	475	23%
Tulpehocken Area	3	3	1,432	557 (39%)	174	435	40%
Twin Valley	5	5	3,313	975 (29%)	349	688	51%
Wilson	10	10	6,136	1,787 (29%)	466	1,346	35%
Wyomissing Area	3	3	1,939	634 (33%)	183	474	39%

<sup>\*\*</sup>The Governor's Food Security Partnership report: "Setting the Table, A Blueprint for a Hunger-Free PA" can be found at: <a href="http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm">http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm</a>

The Food Research and Action Center's (FRAC) "School Breakfast Scorecard, 2017–2018 School Year" can be found at: http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019

#### Note on Methodology:

The average daily student participation data for the 2018-2019 school year were calculated by dividing the number of free and reduced-price (FRP) breakfast and lunches served in October of each year by the number of school days for that same month. The average daily FRP school breakfast participation was then compared to the average daily FRP lunch participation. District totals include individual schools that do not have breakfast programs as long as at least one district school serves breakfast.