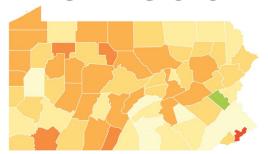
# SCHOOL BREAKFAST IN PENNSYLVANIA

# LEHIGH COUNTY



## **County Totals**

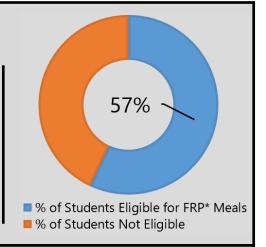
- 9 School Districts
- 69 Schools
- 62 Schools (90%) Serve Breakfast

51,860

**Total Students** 

29,446

FRP\*-Eligible Students



## Breakfast by the Numbers

- Daily FRP\* Breakfasts
- Daily FRP\* Lunches

7,463

20,732

#### **Breakfast-Lunch Ratio:**

(Of all the students eating FRP\* school lunch, the percent also eating FRP\* school breakfast)



<sup>\*</sup>Free and Reduced-Price (FRP) eligibility is 185% of the poverty line and below, which for a family of four is \$46,435.

### Benefits of School Breakfast

- Better scores on standardized tests
- · Better lifelong eating habits
- Lower risk of childhood obesity
- Fewer visits to the nurse's office
- Fewer behavioral & discipline problems
- · Fewer absences, tardy arrivals, and missed class time

Data from the PA Department of Education, October 2018



<sup>\*\*</sup>The "Blueprint for a Hunger-Free PA" includes a goal for PA to achieve a breakfast to lunch ratio of 60% by 2020. Food Research and Action Center (FRAC) promotes a 70% breakfast to lunch ratio goal. (See reverse for citations.)

### **School District Totals**

School District	Number of Schools	Number of Schools Serving Breakfast	Number of Students	Number of FRP*-Eligible Students	Average Daily Par- ticipation		Breakfast
					Breakfast	Lunch	to Lunch Ratio
Allentown City	22	22	19,345	19,345 (100%)	5,200	13,718	38%
Catasauqua Area	3	3	1,493	878 (59%)	230	685	34%
East Penn	10	10	8,366	2,151 (26%)	524	1,471	36%
Northern Lehigh	4	4	1,620	734 (45%)	280	514	54%
Northwestern Lehigh	5	3	2,205	364 (17%)	44	209	21%
Parkland	11	11	9,574	2,354 (25%)	512	1,708	30%
Salisbury Township	4	4	1,613	664 (41%)	154	430	36%
Southern Lehigh	5	0	3,264	570 (17%)	0	282	N/A
Whitehall-Coplay	5	5	4,380	2,386 (54%)	500	1,667	30%

<sup>\*\*</sup>The Governor's Food Security Partnership report: "Setting the Table, A Blueprint for a Hunger-Free PA" can be found at: <a href="http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm">http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm</a>

The Food Research and Action Center's (FRAC) "School Breakfast Scorecard, 2017–2018 School Year" can be found at: http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019

#### Note on Methodology:

The average daily student participation data for the 2018-2019 school year were calculated by dividing the number of free and reduced-price (FRP) breakfast and lunches served in October of each year by the number of school days for that same month. The average daily FRP school breakfast participation was then compared to the average daily FRP lunch participation. District totals include individual schools that do not have breakfast programs as long as at least one district school serves breakfast.