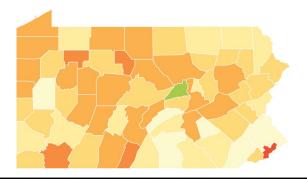
# SCHOOL BREAKFAST IN PENNSYLVANIA

# **UNION COUNTY**



## **County Totals**

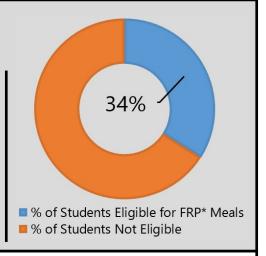
- 2 School Districts
- 8 Schools
- 8 Schools (100%) Serve Breakfast

4,075

**Total Students** 

1,395

FRP\*-Eligible Students



### Breakfast by the Numbers

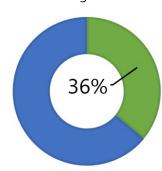
- Daily FRP\* Breakfasts
- Daily FRP\* Lunches

318

892

#### **Breakfast-Lunch Ratio:**

(Of all the students eating FRP\* school lunch, the percent also eating FRP\* school breakfast)



\*Free and Reduced-Price (FRP) eligibility is 185% of the poverty line and below, which for a family of four is \$46,435. \*\*The "Blueprint for a Hunger-Free PA" includes a goal for PA to achieve a breakfast to lunch ratio of 60% by 2020. Food Research and Action Center (FRAC) promotes a 70% breakfast to lunch ratio goal. (See reverse for citations.)

### Benefits of School Breakfast

- Better scores on standardized tests
- · Better lifelong eating habits
- Lower risk of childhood obesity
- Fewer visits to the nurse's office
- Fewer behavioral & discipline problems
- · Fewer absences, tardy arrivals, and missed class time

Data from the PA Department of Education, October 2018



### **School District Totals**

	Number	Number of Schools		Number of	Average Daily Participation		Breakfast
School District	of Schools	Serving Breakfast	Number of	FRP*-Eligible Students	Breakfast	Lunch	to Lunch Ratio
Lewisburg Area	4	4	2,003	574 (29%)	157	351	45%
Mifflinburg Area	4	4	2,072	821 (40%)	162	546	30%

<sup>\*\*</sup>The Governor's Food Security Partnership report: "Setting the Table, A Blueprint for a Hunger-Free PA" can be found at: <a href="http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm">http://dhs.pa.gov/ending-hunger/about/blueprint/index.htm</a>

The Food Research and Action Center's (FRAC) "School Breakfast Scorecard, 2017–2018 School Year" can be found at: <a href="http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019">http://frac.org/research/resource-library/school-breakfast-scorecard-2017-2018-school-year-february-2019</a>

#### Note on Methodology:

The average daily student participation data for the 2018-2019 school year were calculated by dividing the number of free and reduced-price (FRP) breakfast and lunches served in October of each year by the number of school days for that same month. The average daily FRP school breakfast participation was then compared to the average daily FRP lunch participation. District totals include individual schools that do not have breakfast programs as long as at least one district school serves breakfast.