

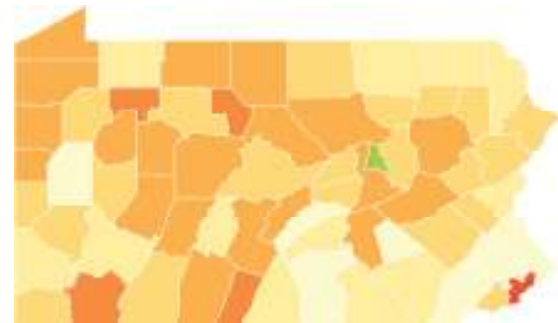
# STATE OF HUNGER

| PENNSYLVANIA 2013 |

Hunger profile:

## MONTOUR COUNTY

Population: 18,296



### FOOD INSECURITY

What percentage of county residents are food insecure?

**11% | Food insecurity rate**

**18% | Child food insecurity rate**

People who are food insecure at times lack access to enough food for an active, healthy life.

### HOW NUTRITION PROGRAMS HELP

A safety net of programs helps low-income families in Pennsylvania put food on the table every day.

**SNAP | 1,682 participants**

**1 in 11 residents receives SNAP**

Formerly known as food stamps, the Supplemental Nutrition Assistance Program (SNAP) provides low-income residents with monthly food assistance to buy food at grocery stores, farmers' markets and small businesses.

**SCHOOL MEALS**

**606 | Students receiving free or reduced-price lunch each day**

**249 | Students receiving free or reduced-price breakfast each day**

Low-income children can qualify for free or reduced-priced meals at school through the National School Lunch and School Breakfast programs. However, only 41 low-income students eat school breakfast for every 100 who eat school lunch.

**WIC (Women, Infants and Children) Program | 202 participants**

WIC serves low-income pregnant women, new moms, infants and children up to age 5. They receive vouchers for healthy foods, nutrition education and health care referrals.

**State Food Purchase Program | 1,102 participants**

The State Food Purchase Program is a state-funded program that provides food to food pantries, soup kitchens and other charities to feed low-income residents.

### ON THE WEB

[www.hungerreportpa.com](http://www.hungerreportpa.com)

- Interactive map with hunger data for all 67 counties
- Downloadable fact sheets on each PA county
- Tools to take action on hunger issues
- Where to find help in your county

### | STATEWIDE FIGURES |

**Summer Meals | 119,195 Pennsylvania children receive free summer meals**

The Summer Food Service Program and Seamless Summer Option provide free summer meals to low-income kids when school is out.

**Child Care Food Program (CACFP) | 129,443 Pennsylvania children participate each day**

The Child Care Food Program pays for nutritious meals and snacks for low-income kids in daycare, afterschool programs and homeless shelters.



Sources: U.S. Census Bureau (2011), Feeding America (2010), Pennsylvania Department of Public Welfare (2012), Pennsylvania Department of Education (2011 & 2012), Pennsylvania Department of Health (2012), Pennsylvania Department of Agriculture (2010-2011), Food Research and Action Center (2011)