

STATE OF HUNGER

| PENNSYLVANIA 2013 |

Hunger profile:

WESTMORELAND COUNTY

Population: 364,471



FOOD INSECURITY

What percentage of county residents are food insecure?

12% | Food insecurity rate

18% | Child food insecurity rate

People who are food insecure at times lack access to enough food for an active, healthy life.

HOW NUTRITION PROGRAMS HELP

A safety net of programs helps low-income families in Pennsylvania put food on the table every day.

SNAP | 42,356 participants

1 in 8 residents receives SNAP

Formerly known as food stamps, the Supplemental Nutrition Assistance Program (SNAP) provides low-income residents with monthly food assistance to buy food at grocery stores, farmers' markets and small businesses.

SCHOOL MEALS

12,517 | Students receiving free or reduced-price lunch each day

5,396 | Students receiving free or reduced-price breakfast each day

Low-income children can qualify for free or reduced-priced meals at school through the National School Lunch and School Breakfast programs. However, only 43 low-income students eat school breakfast for every 100 who eat school lunch.

WIC (Women, Infants and Children) Program | 4,481 participants

WIC serves low-income pregnant women, new moms, infants and children up to age 5. They receive vouchers for healthy foods, nutrition education and health care referrals.

State Food Purchase Program | 22,807 participants

The State Food Purchase Program is a state-funded program that provides food to food pantries, soup kitchens and other charities to feed low-income residents.

ON THE WEB

www.hungerreportpa.com

- Interactive map with hunger data for all 67 counties
- Downloadable fact sheets on each PA county
- Tools to take action on hunger issues
- Where to find help in your county

| STATEWIDE FIGURES |

Summer Meals | 119,195 Pennsylvania children receive free summer meals

The Summer Food Service Program and Seamless Summer Option provide free summer meals to low-income kids when school is out.

Child Care Food Program (CACFP) | 129,443 Pennsylvania children participate each day

The Child Care Food Program pays for nutritious meals and snacks for low-income kids in daycare, afterschool programs and homeless shelters.



Sources: U.S. Census Bureau (2011), Feeding America (2010), Pennsylvania Department of Public Welfare (2012), Pennsylvania Department of Education (2011 & 2012), Pennsylvania Department of Health (2012), Pennsylvania Department of Agriculture (2010-2011), Food Research and Action Center (2011)